



Green & Purple Bag Packing Guide

Updated March 2026

Welcome to bag packing! This is a very important job at the warehouse, as it is how we get most of the food we collect out to children and families. Thank you so much for volunteering your time and energy!

Green Bags

- We pack two sizes of green bags with fresh produce and bread. The large bags weigh about 15 lbs and the small bags 6 to 8 lbs.
- The contents of the bags will be different each time you volunteer, as we receive produce and bread from several sources: Good Shepherd Food Bank, Hannaford, Shaw's, Rosemont Markets, Standard Baking, and local farms.
- A staff member will set you up with items to go in the bags and refill as needed. We have a small scale for checking the weight of the bags as needed.

The Locker Project staff does not expect you to lift anything you don't feel comfortable with. There will always be someone within earshot to ask for assistance. That person will also be able to answer questions you may have.

- After you've packed a bag, you will box it. The large bags fit two to a box, while the small bags fit three to a box.
- The banana boxes can be stacked five high on the u-boat.
- Once the u-boat is full, a staff member will label it and move it into the walk-in.

Purple Bags

Purple bags contain nonperishable meal items and weigh about 6.5 lbs. We aim to include carbohydrates, dairy, and protein in each bag. A bag might include shelf-stable milk, rice, diced tomatoes, canned chicken or tuna, apple sauce, oatmeal and/or cereal, and snacks. Depending on the box, 5 or 6 bags will fit into a box.